

**SPECIAL ISSUE**

# IN MEMORIAM

A Heart Dedicated To  
Serving Those In Need

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"These kids have the  
same desires as mine  
but were born in a  
different place."

SAQLAIN  
KHAN

REST IN PEACE

FOUNDER

# NAZAR 2020

A program at Human Development Foundation that improves  
vision and the lives of students and teachers across Pakistan

# A TRIP DOWN THE MEMORY LANE



The Nazir 2020 Focus to Learn project promotes improved quality of learning experience among children attending HDF schools through vision screening and on the spot eyeglasses for students with impaired vision. This program is an initiative by Saqlain Khan, an active HDF supporter.

# IN MEMORIAM SAQLAIN KHAN FOUNDER, NAZAR 20/20



The HDF community suffered a great loss when Saqlain Khan, a very passionate supporter of HDF passed away on December 15, 2022 after a long battle with colon cancer. Nazar 20/20 started as a small spark, an idea in the back of Saqlain's mind when he took his son for his mandatory eye exam for 1st grade. Having grown up in Pakistan, Khan couldn't remember ever having his eyes checked in school. He called a few friends still living in Pakistan and they confirmed there is not a system in place to make sure all children get vision exams. It took 10 years to cultivate, research and catch fire. Now, that fire has spread and turned into Nazar 20/20, a program at the Human Development Foundation that improves vision and the lives of students and teachers across Pakistan.

In 2017, he called on four friends who helped fund the initial Nazar 20/20 project and put the plan into motion. Khan and Salahuddin Abbasi visited a government run inner city school in Lahore, Pakistan as a pilot project. They tested nearly 1,000 kids in grade 6-10th and the results were shocking, about 30% of the students had an undiscovered visual impairment. The teachers didn't realize the real reason why some children were not performing. They simply could not see the board clearly and 80% of learning for children up to the age of 12 is visual.

***"This trip opened my eyes." Khan shared. "These kids have the same desires as mine but were born in a different place."***

In the first round of eye exams, 24% of the students were given glasses on the spot to correct their visual impairments. About 6% of the students had more challenging visual impairments and were referred to a charity hospital for additional assistance. Khan realized the impact of this program was life changing for these children and there were so many more students who needed help. Khan reached out to HDF to partner with this initiative. He was confident that HDF had the infrastructure and experience to be able to expand the program nationally through their schools and healthcare centers.

In 2019, on Khan's second visit to Pakistan all 3,202 students of HDF schools had their eyesight tested and approximately 76% of the students were provided glasses on the spot. An additional 2,500 students have been tested at non-HDF schools, providing over 400 pairs of glasses, and referring 125 students to a local charity hospital.

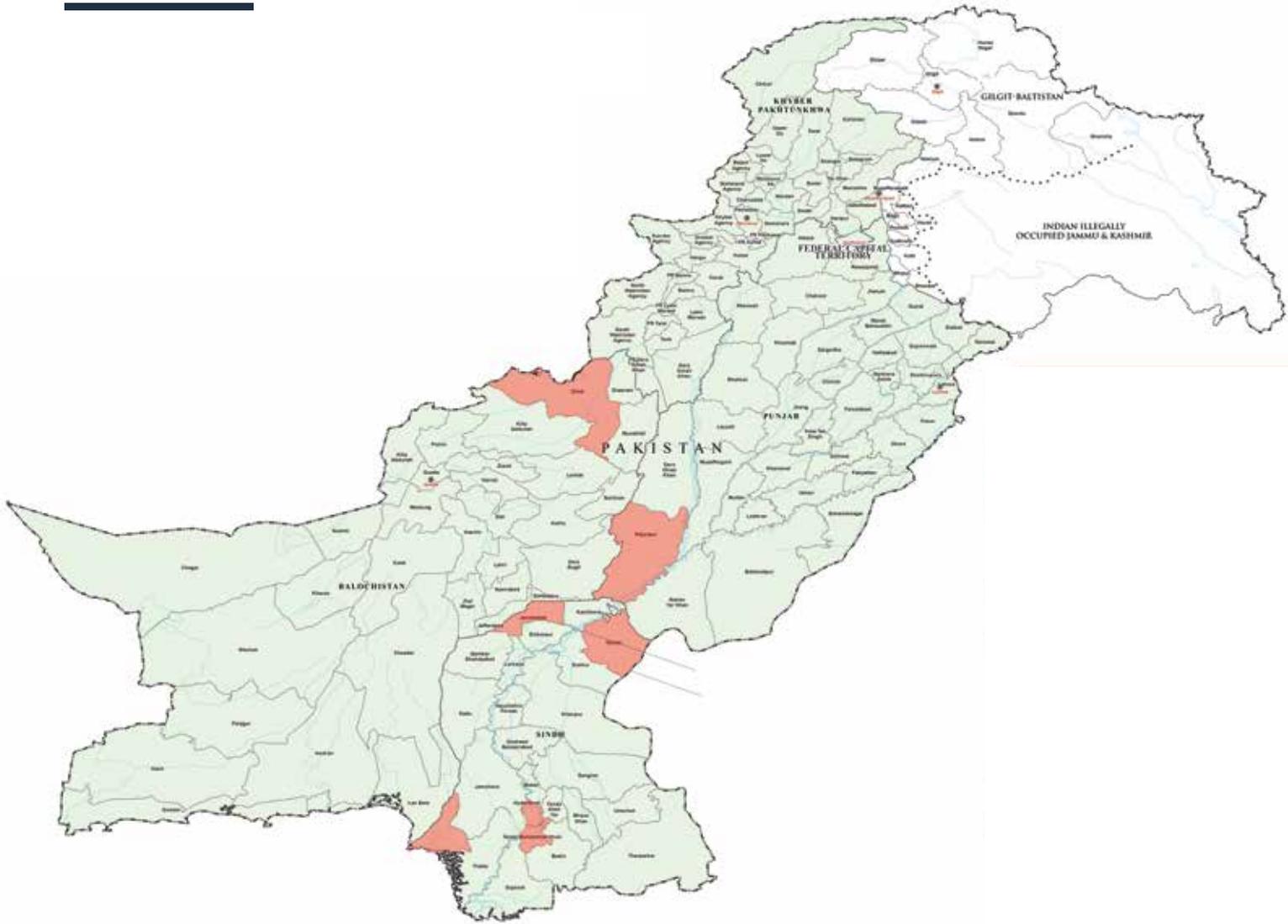
In June 2021, Saqlain traveled to Pakistan while he was in between chemo treatments to set up an endowment for Nazar 20/20 with HDF. This endowment will allow continued support of future Nazar 20/20 activities. In November 2021, HDF partnered with the Pakistan Institute of Rehabilitation Services (PIRS) and put in place a program to screen all students from 12 schools from the Federal Directorate of Education (FDE) located in the suburbs of Islamabad Capital Territory and HDF school located in Islamabad. Overall, 7,103 students and teachers were screened, and 1,063 glasses were distributed in 2022 through this agreement.

Saqlain felt very grateful that he could see the impact of the Nazar 20/20 program continue to spread across Pakistan in his lifetime and that his wife, Alia and sons, Zayn and Lyden are committed to work with HDF to support the needs of this program.

HDF's philosophy of "helping people help themselves" will be further strengthened with the unwavering support of Saqlain and his family. In Saqlain's memory we sustain the indispensable service that HDF offers to communities across Pakistan through the Saqlain and Alia Khan Nazar 20/20 endowment.

May he rest in peace!

# OUR PRESENCE IN FLOOD AFFECTED AREAS



## Jacobabad

Union Council Rindwahi  
Union Council Basti  
Union Council Nawra



## Ghotki

Union Council Qazi Badar  
Union Council Bhetoor



## Zhob

Union Council Shaikhan  
Union Council Garda Babar  
Union Council Viyala  
Union Council Qamardin Kareez



## Karachi

Union Council Allah Fay  
Union Council Ghareebabad  
Union Council Chand Paro



## Rajanpur

Tehsil Rojhan Mazari



## Tando Muhammad Khan

Union Council Tando Muhammad Khan  
Union Council Saeed Pur  
Union Council Bhale Dino Sathlo  
Union Council Qabool Pur  
Union Council Allah Yar Turk  
Union Council Saeed Khan Lund  
Union Council Saeed Matto Shah



## Hyderabad

Union Council Jamshoro

# HDF'S EMERGENCY RESPONSE: CURRENT PROGRESS

HDF swiftly initiated emergency response through implementing a flood relief program in Balochistan, Sindh, and South Punjab. To address the immediate needs of the affected communities, HDF further launched **\$0.5 million** worth 'Integrated Emergency Assistance to Flood Affected Population in South Punjab & Sindh'.



1,348,200

Total Meals Distributed



13

Houses for APPNA Basti is Underway



10,018

Patients Treated



62

Medical Camps



2,780

Homeless Provided Tents



1,170

Provided Tarpaulin for Temporary Shelter



7,875

People Protected from Malaria through Mosquito Fogging



1,869

Mosquito Nets Distributed



3,911

People Provided Awareness on Hygiene



11

Pit Latrine with Hand Washing Facility Installed



730

Health Facility Assessment



3,110

Household Assessment



2,140

Hygiene Kits



192,930

People Provided Clean Water Through Water Tankering



# HDF'S ROADMAP TO REBUILD THE LIVES OF FLOOD SURVIVORS

## RECONSTRUCTION OF HOUSES IN FLOOD AFFECTED AREAS: BUILDING BACK BETTER

As we move on, most flood-hit families are still sleeping under the open sky, in tents or makeshift shelters. Over 30 million people have been displaced and are forced to live in fragile structures that are uninhabitable with poor living conditions.

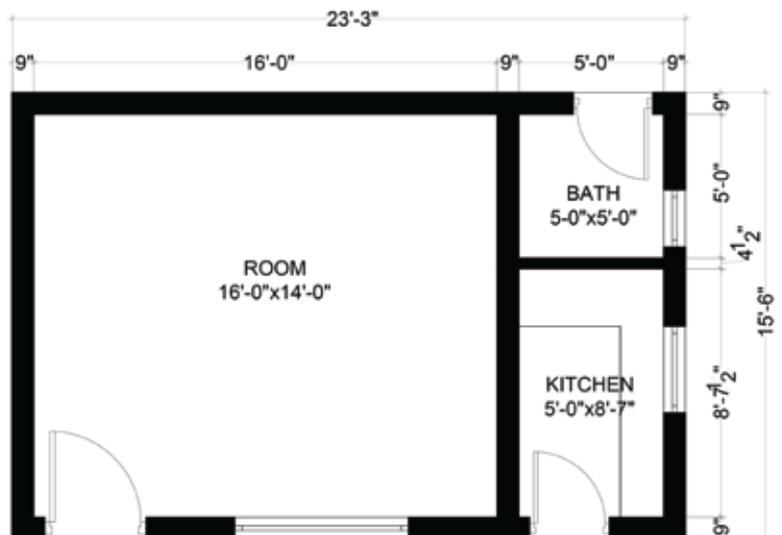
HDF believes in sustainable development and therefore plans to construct houses for the flood affected population whose homes had been completely demolished due to the recent flooding in Rajanpur, Jacobabad, and Ghotki. We are taking a community participatory approach whereby the construction of a model house in all three districts is completed. This model house is being replicated by community members with the help of HDF, placing them at the center of the recovery phase. The model is a low-cost high-impact design that will be capable of withstanding future calamities apart from harsh weather conditions while protecting the beneficiaries' dignity. The housing unit comprises of one bedroom with attached bathroom and a kitchen covering about 360 sq. ft. area. Our technical partners are MAVEN projects, who are leading consultants and experts in delivering quality designing and cost-effective construction.

Low-Cost High-Impact Design by **MAVEN**

Estimated Cost **PKR 400,000**

**Additional Features:**

- Superstructure and Foundation Material: Burnt Brick
- Roof Material: Bamboo, Girder, Patra, Tarpal, etc.
- Water Closet (WC) with Drainage System and Soakage Pit



COVERED AREA = 360.37

## REBUILDING LIVES



Shazia Mai, a 38 year old widow and single mother of four children, is a resident of Kachi Abadi (meaning: slum) in Rojhan, Rajanpur; one of the districts that has been most affected by recent flooding in Pakistan due to its geographical location and extreme weather conditions. Shazia's husband Maqsood Ahmed died three years ago. Since then she has no source of income and her only two sons, who are under 18 years of age, are working as child labourers to support their family. Shazia was sound asleep with her two children sleeping next to her in their tiny home when the flood water surged through the door and windows. Startled, upon hearing the screams of fellow villagers, Shazia grabbed her children and rushed out to the nearest raised road embankment managing a safe escape. She had no shelter and it took weeks for the first relief supplies to reach her location.

**"It was only after HDF came to Rojhan", Shazia says, "that I recieved relief goods along with a temporary shelter in the form of tent".**

Shazia's house was fully-damaged in the floods. As the water levels reduced and the villagers returned to what was left of their homes, she had no place to take shelter in. Shazia was the first recipient of HDF's Model House constructed in Rajanpur in the rehabilitation phase of its 'Emergency Assistance Program'.

In any crisis, women and children are usually the hardest hit, and being highly vulnerable they are often the least able to recover from the effects of natural disasters. Shazia is one of the many millions of Pakistanis reeling from the floods and are still waiting for your help. Your donations will help us restore their hope and rebuild their lives by providing long-term protection for widows and orphans alike.

**DONATE NOW**



## Season Greetings & **Happy New Year**

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### **Dr. Naheed M Qayyum**

Dear HDF Supporters,

With heartfelt gratitude, we want you to know how much we value your year long support for HDF. 2022 has been the year of devastating floods in Pakistan and millions could not have been helped with food, medicines and shelter without your generous support. Thanks to you we have started building flood resistant housing in the worst affected areas of Sindh, Baluchistan and South Punjab. Also, the homeless families will be protected in the winter.

In 2023, along with housing, HDF will address the water crisis of alternating drought and flooding through the WASH program (water, sanitation and health). A comprehensive water management program with hand pumps, tube wells, irrigation canals, water filtration plants and mini dams for water storage, will prevent future flooding as well as meet the community needs, from clean drinking water to improved agriculture and livelihood .

Let us work together to make 2023 a year where we prevent future devastation from floods, and provide communities with tools to improve their livelihood through better crops and modern agriculture methods. Let us ensure food security through community gardens and planting fruit trees. We need your help in achieving this goal.

We look forward to partnering with you in this New Year to make a difference in people's lives through sustainable community development and economic empowerment.

May this New Year bring hope and freedom from hunger, sickness, poverty and homelessness for millions in Pakistan. Together we can do this!

Thank you.



## Message on the **Role of Pakistani Diaspora**

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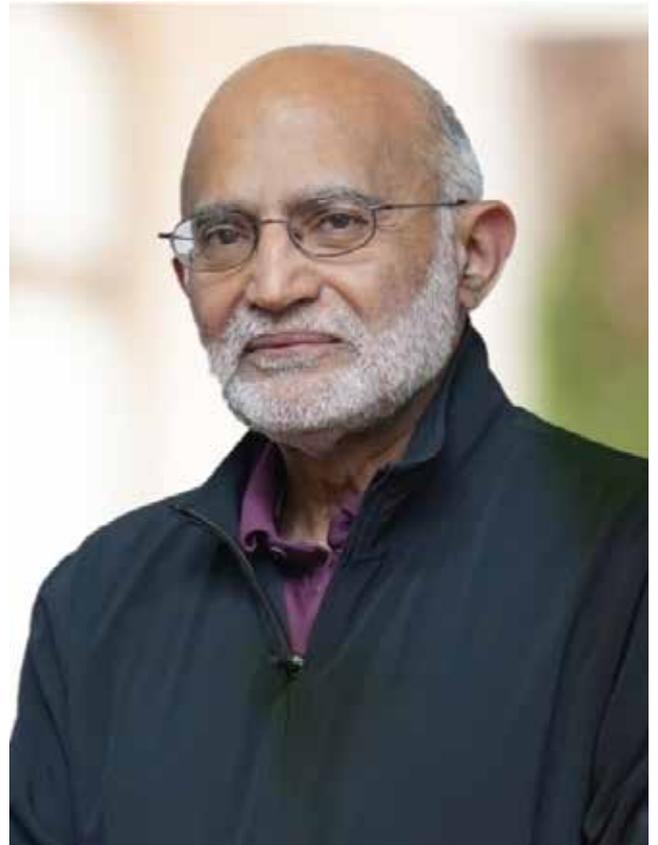
### **Dr. Muhammad Khalid Riaz**

The founders of HDF saw it as a key player in developing “North South partnerships” that would use the intellectual, social and financial capital of the diaspora in developed countries among the underdeveloped indigenous population groups back home, to help lift them out of multidimensional poverty. These partnerships worked well for 20 plus years, and helped lift tens of thousands of indigenous people out of different aspects of multidimensional poverty.

But in today's Pakistan, with the social and political divide arising out of the current political debate in the endogenous population now spreading to the diaspora, and not just passively, it is becoming increasingly difficult for the diaspora organizations to play a constructive role in multidimensional poverty alleviation.

As frontline workers in this social battle, we call upon the combatants to please spare the diaspora this divide, and allow us to continue our battle against the poverty complex, without any distraction.

Thank you.



## OFFICIAL VISITS FOR THE MONTH OF DECEMBER



**CEO HDF, Mr. Mehboob Ul Haq, Director Programs, Mr. Zulfiqar Ali & Sr. Admin Manager Mr. Zia Ur Rehman**

Visited HDF School & CHC in Karachi & Held a Meeting with Secretary, Public Health Engineering Dept. (PHED) & Thar Community



# OFFICIAL VISITS FOR THE MONTH OF DECEMBER



**Director Pakistan Association of Greater Seattle, Mr. Munir Rizvi**

Visited HDF Khair Muhammad School in Karachi



# OFFICIAL VISITS FOR THE MONTH OF DECEMBER



**Director Operations HDF NA,  
Mr. Ahsan Mumtaz**

Visited Schools, CHC &  
Water Projects in Karachi



# HDF TAMPA EVENT DECEMBER 2022

The HDF MN network was held on October 29, 2022, at the Islamic Center of Minnesota. The network team was led by Dr. Bushra Dar and host committee members Mrs. Sarah Alam, Mr. Masood Yunus, Mr. Afzaal Jalil, Mr. Abdul Basit, and Mrs. Afeefa Ahmed.

The event guest speaker was Imam Yahya Hendi, Muslim Chaplin at Georgetown University. He was able to speak to the audience about the importance to help and donate. The HDF emergency relief activities were shared for the recent 2022 floods and shared the upcoming planned relief activities. HDF teams are on the ground at sites in Sindh and Punjab to complete relief and rehabilitation. The MN HDF members were able to raise a significant amount in donations and thanked the volunteers and donors for showing their full support.



# Ways to Give



Donate via  
Cheque or  
Online Transfer

**Bank:** Bank Alfalah Ltd  
**Account Title:** Human Development Foundation – Donation  
**Account No:** 0035-1002493468  
**IBAN:** PK11ALFH0035001002493468 | **Swift Code:** ALFHPKKA



Donate via Mail

19-A, Mezzanine Floor, Pak Plaza, A.K.M. Fazl-ul-Haq Road,  
Blue Area, G-6/2, Islamabad-44000, Pakistan.



Donate via Auto  
Debit from Bank  
Account

HDF can automatically deduct funds from your current or savings account for one time or recurring donations. Let us know the amount you want deducted and how often you would like this amount deducted and send us a voided cheque or account.



Donate via  
Paymob

## Donate to Support

Help support Human Development Foundation by donating or sharing with your friends.



Donate via  
Daraz

## Shop to Support

Visit our online retailer site who has partnered with us to support us.



Donate via  
PayPal

## Donate to Support

Help support Human Development Foundation by donating or sharing with your friends.



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## Human Development Foundation

✉ info@hdfpk.com

☎ (+92) 51 2270143-8

📍 19-A, Mezzanine Floor, Pak Plaza,  
A.K.M. Fazl-ul-Haq Rd, Blue Area, G  
6/2, Islamabad 44010, Pakistan.

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