

SPECIAL EDITION
NEWSLETTER

Nov - Dec 2023



25 YEARS
OF TRANSFORMING COMMUNITIES



CHAIRMAN'S MESSAGE

The commemoration of HDF's 25-year journey makes me humbly reflect on the genesis of this organization, which sprouted from a collective introspection and soul searching during the 50th Anniversary of Pakistan's independence. It has been my personal privilege to witness and contribute to HDF's growth since its inception.

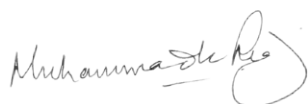
We trace our roots back to the visionary philosophy articulated by Dr. Mahbub Ul Haq. Grounded in his wisdom, we set out on a transformative journey inspired by a holistic approach encompassing every facet of human development. We envisioned fostering self-sustaining model communities through integrated development, where education, economic opportunities and healthcare would be accessible to all.

Over the past 25 years, we've partnered with more than 3.7 million people from marginalized communities across Pakistan. It fills me with pride to see these communities taking charge of their development, making collective decisions for the greater good.

I extend my heartfelt gratitude to every staff member, supporter, volunteer, donor and partner. Your dedication has been instrumental in our achievements.

With patience and perseverance, let us continue serving our people and providing our children with opportunities for a brighter future.

Thank you to all those who made this journey possible.



Dr. Muhammad Khalid Riaz

Chairman



CEO'S MESSAGE

As we mark the silver jubilee of HDF, I am filled with gratitude and pride for the incredible journey we've undertaken over the past 25 years.

In this milestone year, we celebrate not just the passage of time but the transformative impact we've had on communities. For a quarter of a century, HDF has been a catalyst for change, advocating for a holistic approach across our five core program areas: education, primary healthcare, livelihood and food security, sustainable environment and WASH, and social capital development—HDF's Power of 5.

Our commitment to transforming lives remains unwavering. Each success story, every empowered individual and the sustainable changes we've initiated stand testament to the dedication of our team and the support of our donors, partners and the communities we've transformed.

As we reflect on our achievements, let us also look ahead with renewed vigor. The challenges persist but so does our resolve to create positive, lasting impact. Together, let's continue to make a difference, guided by the principles that have defined us for a quarter-century.

Thank you for being an integral part of HDF's journey. Here's to 25 years of Transforming Communities and to the countless lives we will touch in the years to come.



Mehboob UI Haq

Chief Executive Officer



25 YEARS OF COMMITMENT

About HDF

Since our inception in 1997, HDF has successfully implemented a holistic model of community development to achieve Sustainable Development Goals (SDGs) by serving partner communities in 53 districts of Pakistan during the course of 25 years. Our quest for positive social change to remote and marginalized communities remains at the forefront, and we at the foundation, work tirelessly to help the communities who are most vulnerable.

HDF's unwavering commitment to promoting sustainable development and empowering communities is manifested through its holistic approach of implementing integrated programs that prioritize overall human well-being. Our core programs bring them support in primary healthcare, education & literacy, livelihood & food security, sustainable environment & WASH, social capital development and emergency response during national calamities.



Our philosophy of 'helping people help themselves' is rooted in the principles of harnessing the potential of partner communities. Our responsibility within each area of focus remains the same – to empower communities and individuals with the tools and resources needed to achieve and sustain a better way of life. HDF works in close partnership with HDF North America and HDF Canada to address the needs of the most vulnerable communities in four provinces of Pakistan and AJK, facilitating them toward a better present and a brighter future.

25 YEARS OF PROGRESS.

A Timeline of Our Evolution

1999: HDF was gifted to Pakistan on its 50th Anniversary of Independence. HDF established its first Regional Office in Mardan, starting out with **10,000 people**

2007: With continuous efforts, HDF manages to impact **268,448 people** under its program areas

2017: More than **20 million** people are assisted and benefitted under HDF's holistic program approach

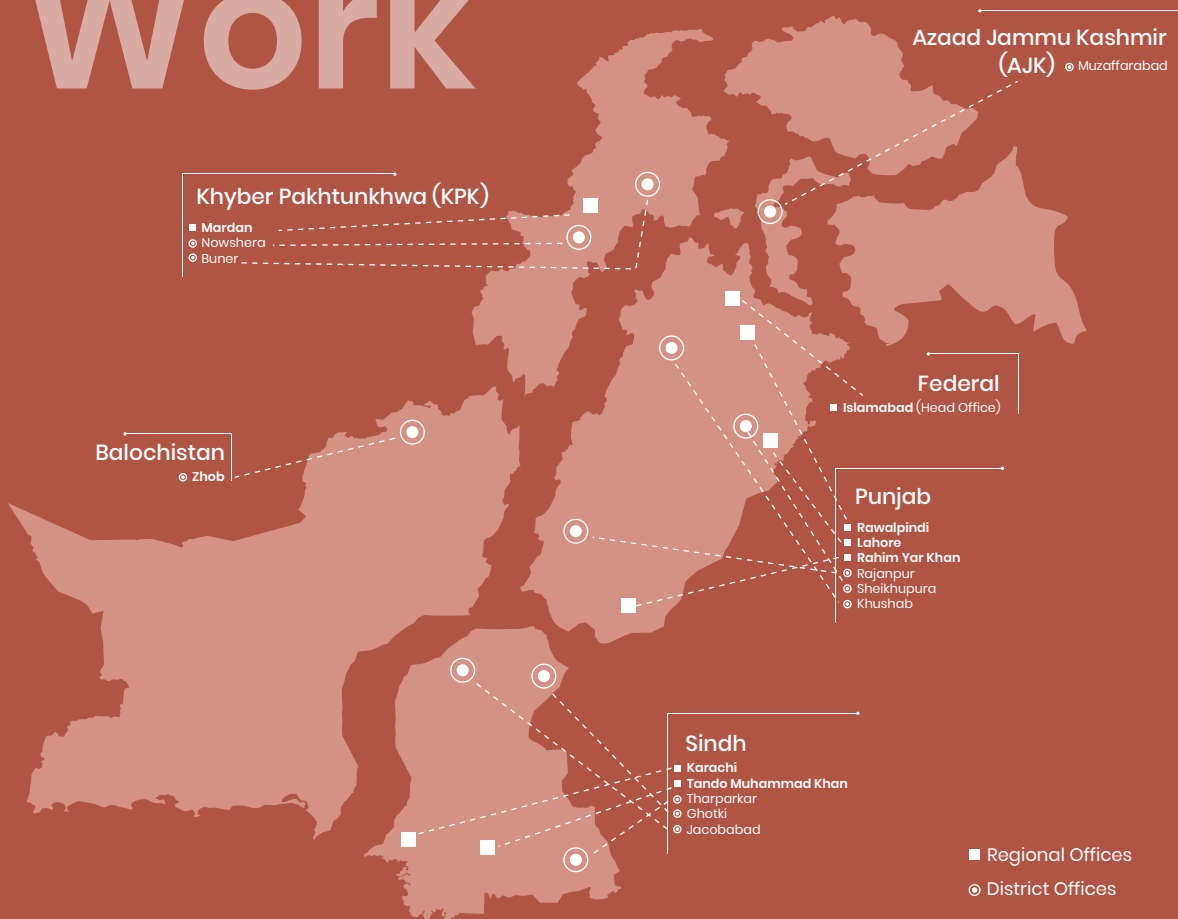
1997: Inception of HDF by Pakistani Diaspora and Individuals in the U.S.A who wished to give back to their homeland

2002: HDF reaches **23,437 households** across regions in Pakistan, establishing foothold in Mardan, Rawalpindi, Lahore, Rahim Yar Khan, Tando Muhammad Khan, Karachi and Zhob

2012: Increasing efforts lead to an increasing influence. HDF reaches **91,196 households**, changing the lives of **585,471 people**

2022: HDF celebrates its Silver Jubilee, taking pride in successfully supporting over **3.7 million** Pakistanis and projecting across all provinces including AJK

Where We Work



Geographical Footprint

3,712,753 Beneficiaries*	7,642 Villages	530,722 Households*
08 Regional Offices	53 Districts	85 Tehsils
914 Union Councils		

*The stated figures are cumulative which means they represent HDFs' impact over 25 years.

25 Years of Impact



SOCIAL CAPITAL DEVELOPMENT

“Promoting inclusive societies for sustainable development and building effective, accountable, and inclusive institutions at all levels”



3.7 MILLION

Overall Beneficiaries



1,689

Community Organizations (COs) Established



330

Village Development Organizations (VDOs) Established



4,535

Individuals Trained in Community Based Disaster Risk Management (CBDRM)



24,265

Individuals Trained in Community Management Skills Trainings (CMSTs),



364

Children Forums were Formed



5,134

Individuals Trained in Advocacy and Human Rights



5,074

Community Members were Educated about Health, Hygiene, and Safely Managed Sanitation (In collaboration with Primary Healthcare Program)



6,109

Community Members were Educated on the Significance of Safe Drinking Water Usage



3,955

Capacity Building Awareness Raising Sessions on Gender Mainstreaming and Women Empowerment



4,607

Community Members Empowered with Awareness of their Fundamental Rights, Including Birth and Death Registration, Voting, and Obtaining a CNIC.



45

Farmer Field School (FFS) Sessions Conducted



4,263

Capacity Building Sessions of Sector Committees of Village Development Organizations (VDOs)

19 ‘Entrepreneurship Development Skills Training’ Consisting of Two-Day Workshops Conducted to Empower 389 Community Members with Employable Skills. (2022)

Champion of HDF: Malik Khair Muhammad

At the age of eighty-five, Malik Khair Muhammad, a resident of village Sadiq Abad in Soon Valley, District Khushab, Punjab, stands as a paragon of unwavering commitment to community service. As a retired District Education Officer (DEO), he left a lasting impact on countless students who have since excelled in fields like medicine, engineering, the military, entrepreneurship, politics and social leadership. He has been at the forefront of various community development projects, bringing positive change in his locality. He is also known for his role in mediating and resolving family disputes, earning the respect of the entire community.

When HDF established its office in the Soon Valley and embarked on community development projects, Malik Khair Muhammad provided valuable insights regarding the region's most pressing issues. He played a crucial role in selecting the site for HDF's Afaf Dam by venturing across the valley's challenging terrain alongside HDF's Area Manager, despite the difficulties posed by his advanced age.



Malik Khair Muhammad Leads Track Construction to Afaf Dam

Malik Khair Muhammad's community influence and commitment to positive social change led to his appointment as the President of the Siddique Abad Village Development Organization (VDO) by HDF. Under his guidance, the Afaf Dam's construction was a resounding success.

He has championed HDF's mission to empower and mobilize the communities to take control of their own development by rallying the Soon Valley residents and the necessary funds for the construction of a vital 1.5 km long track leading

to Afaf Dam. This project has greatly reduced travel times for the villagers and transformed Afaf Dam into a popular scenic spot for locals and tourists alike.

Malik Khair Muhammad's support for HDF's mission has brought significant change to the Soon Valley. The people of the valley, along with Malik Khair Muhammad, express their gratitude to HDF for its life-changing initiatives, including the Afaf Dam and an upcoming healthcare center in Naushera.



Malik Khair Muhammad Shows Gratitude to HDF Infront of Afaf Dam

25 Years of Impact



EDUCATION & LITERACY

“Promoting equitable quality education for all, ensuring all children, especially girls, realize their full potential”



274

Non-Formal Schools Established (250 Non-Formal Schools converted into 21 Formal Schools)



6,123

Out-Of-School-Children Currently Enrolled



62%

Girls Enrolment



12,304

Students Graduated So Far



4,329

Beneficiaries of Adult Literacy Centers (ALCs)



77

Participants Completed Adolescence & Adult Learning & Training Program (AALTP)



8,591,987

Worth Scholarships Disbursed



1,406

Deserving Students Were Awarded Scholarships



3,756

Teachers Trained In Modern Pedagogical Practices



255

Orphans & Their Mothers Supported Under Orphan Development Program

Aqsa Bano: An Inspiration for the Next Generation

In the quiet village of Basti Hashim, Rahim Yar Khan, a determined and ambitious young girl named Aqsa Bano set out to define her path to success. Her dreams were big and her passion for education unwavering but the lack of educational opportunities for girls in her area presented a formidable obstacle.

It was in this challenging setting that HDF opened a non-formal school in Basti Hashim in 2004. Aqsa eagerly joined the school and began her educational journey. She completed her fifth-grade studies but her thirst for knowledge remained unquenched as the HDF Non-Formal School only offered classes up to the fifth grade.

During this time, HDF recognized the need for accessible and quality education in the area and established the HDF Model and Secondary School. This pivotal moment not only changed Aqsa's life but also laid the foundation for her dreams. Enrolling to continue her education, she found sincere support from HDF's dedicated teachers.

With their support and her continuous hard work, Aqsa remarkably secured 1st position in the Board of Intermediate and Secondary Education Bahawalpur, earning 996/1100 marks in her matriculation exams in 2014. Her outstanding academic achievement earned her a gold medal and a merit certificate from the Chief Minister's Secretariat in the Government of Punjab. HDF also applauded her efforts with distinguishable accolades.



Aqsa Bano Makes HDF Proud with Her 1st Position in BISE Bahawalpur



Aqsa Bano Receives Recognition from CEO HDF for Her Academic Excellence

This triumph opened doors to a world of opportunities, leading her to pursue higher education on a scholarship at Superior College where she achieved 1st position in the Board of Intermediate and Secondary Education Bahawalpur once again. Her journey then took her to the University of Punjab, Lahore where she earned her M.Sc in Mathematics.

Returning to Rahim Yar Khan in 2021, she worked as an O and A levels teacher while preparing for the Punjab Public Service Commission (PPSC) test. In August 2022, her dedication bore fruit and she was appointed as a mathematics lecturer at the Government College for Women in Mianwali, recommended by the PPSC, where she's currently employed as well.

Throughout her journey, Aqsa expressed immense gratitude to HDF for providing her with the crucial opportunity at the right time. If HDF had not extended its helping hand to Basti Hashim, Aqsa might never have had the chance to reach the position she holds today. HDF's support and belief in her potential had

been the catalyst that transformed her life, enabling her to fulfill her dreams and aspirations.

Aqsa has become an inspiration for all the HDF students, seeking to realize their dreams through education and determination. These girls look up to her, as they can relate to her journey from humble beginnings. They believe they can achieve the same if they follow the path paved by HDF.

Aqsa's younger sister, Shehar Bano, currently a student at the same HDF school Aqsa graduated from, says: **"My father initially did not grant us permission to continue our education beyond school. However, seeing Aqsa's achievements, he changed his firm decision and allowed us to pursue further education. Aqsa became our role model."**

Aqsa Bano's journey is an illustration of how HDF lays the foundation for future success, one life at a time. Her achievements are a source of inspiration for the next generation, and through her story, HDF's impact in transforming lives and shaping brighter futures shines ever brighter.



Aqsa Bano Shares a Few Words on Her Success

25 Years of Impact



PRIMARY HEALTHCARE

“Ensuring healthy lives and promoting well-being for all at all ages”

Infant Mortality Rate (IMR) in 2005

➤ **70/1000**

Live Births

Infant Mortality Rate (IMR) in 2022

➤ **20/1000**

Live Births

Under 5 Mortality Rate in 2005

➤ **80/1000**

Live Births

Under 5 Mortality Rate in 2022

➤ **23/1000**

Live Births



198,765

Beneficiaries Receiving Preventive & Curative Healthcare



28,395

Households Receiving Preventive & Curative Healthcare



09

Community Health Centers (CHCs)



104,440

Patients Treated Through Mobile Health Camps & Telemedicine Services



44,440

Outpatients Provided Medical Care at HDF Healthcare Facilities (2022)



136

Medical Camps Set Up in Flood-Affected Areas



14,216

Flood-Affected People Treated In Medical Camps



100%

Students Screened for Health & Nutrition Indicators

Breaking the Silence on Menstrual Health

In Khyber Pakhtunkhwa's District Buner, menstrual health management (MHM) was once shrouded in silence and taboos. Girls navigated their first periods without knowledge, leaving them confused and ashamed. The lack of open dialogue hindered girls from embracing their womanhood with confidence.

A student of Class 8th from GGMS Bajkata, while reflecting on her first menstrual experience shared,

“

When I first got my periods, I was at my relative's place. I was very scared and started crying because I didn't know what was happening to me. My cousin then told me about menstruation, or 'chutti' as we call it. I was still confused and couldn't ask for more details because I felt ashamed and had so many questions in my mind. I wondered if this would happen every day and if it was some kind of illness.”

HDF launched the 'AGAH Campaign' to address the lack of knowledge and pervasive stigma surrounding MHM as part of the NPI Expand USAID funded project 'Improving access to school health services for children and adolescent girls in Tehsil Gagra, District Buner.'



Empowered Girls of Buner Now Breaking Silence on Menstrual Health

The campaign was not merely about disseminating information; it was a seismic shift in attitudes and behaviors, a rebellion against the status quo. Formerly hesitant girls started seeking guidance and sharing experiences fearlessly. Inspired by the sessions, a 9th-grade girl at GGHS Rega discussed her issue of irregular periods with her teacher. This shift from shyness to empowerment indicated the campaign's success in breaking down stigmas and fostering trust and support among students.

In GGHSS-Shalbandi, a first-year student shared,

“

After the last MHM session, I talked to my sister about it and explained that it's perfectly fine to take a bath during periods. I also shared with her what the doctor told us, which is that eating healthy food during this time is important. We should have fruits, vegetables, meat, eggs and milk to make up for the iron that we lose during menstruation.”

The AGAH campaign, like a ripple in a pond, reached 3,000 adolescent girls across 18 Buner schools, arming these young minds with the knowledge to navigate their menstrual health and embrace their future without constraints. The impact of HDF extends far beyond the classrooms, breaking the silence with a chorus of voices advocating for change.



25 Years of Impact

LIVELIHOOD & FOOD SECURITY

“Ending hunger, achieving food security and improved nutrition, and promoting sustainable agriculture”



OVER PKR 3 BILLION

Disbursed to Member of Partner Communities under Khushhali Bank Micro Finance Program



385,718

Beneficiaries Under Micro Finance



PKR 13.15 MILLION

Invested Under Joint Ventures with Individuals



PKR 1.2 MILLION

Invested Under Joint Ventures with Groups



11,563

Participants Trained in Technical/Vocational Skills Training



10,584

Overall Beneficiaries



5,908

Vulnerable Families Supported to Grow Their Food Through Kitchen Gardening



2,356

Vulnerable Families Provided with Fruit Trees to Address Malnutrition & Ensure Household Food Security



PKR 3.44 MILLION

Disbursed Under Poultry Incentive & Agri/Vegetable Farming Loans



432

Individuals Trained in Diploma Courses



PKR 85 MILLION

Disbursed Under HDF Micro Credit



7,656

Loans Disbursed Among Marginalized People



736

Joint Ventures with Individuals Established



33

Beneficiaries of Joint Ventures with Groups



389

Participants of Entrepreneurship Skills Training



PKR 101.81 MILLION

Invested for Economic Development Activities



38

Community Gardens Established



1,330

Households Provided with Poultry Birds



454

Poultry Incentive & Agri/Vegetable Farming Loans Disbursed

A Widow's Empowerment

In the labyrinth of hardships, Gul Bano's life story stands as an intricate weave of resilience and determination. As a widow in Gadap Town, Karachi, she faced a symphony of challenges, navigating the complexities of providing for her three daughters and one son after her husband succumbed to an intestinal disease. The benevolence of her fellow villagers sustained their basic needs, yet the weight of securing their future rested heavily on Gul Bano's shoulders.

In the midst of her struggles, the Village Development Organization (VDO) of Khair Muhammad recognized the silent strength within Gul Bano and recommended her for HDF's Livelihood and Food Security Program. A popcorn setup, a seemingly small asset, became the catalyst for a significant turnaround in her life.

Now stationed near HDF Primary School, Khair Muhammad, Karachi, Gul Bano not only sells popcorn to

the community but has also found a niche among students during school breaks. The steady income of PKR 500-600 per day has transformed her from a dependent to a self-employed woman with newfound purpose.

No longer burdened by constant financial worries, Gul Bano's confidence in providing for her children has soared. Ahsan pursues studies at a Madrassa and Bakhtawar proudly attends Grade 2 at HDF Primary School.

With diligent savings, Gul Bano purchased two chickens, planning to sell the eggs during winter season. She is eager to diversify her business further in hopes of uplifting her family's standard of living.



Gul Bano and Her Son Run the Popcorn Stall, Bringing Treats to Community and HDF Students

The future now holds possibilities she could only have dreamed of in the past.

Gul Bano's story mirrors the collective efforts of HDF to alleviate poverty and instigate sustainable change in

vulnerable lives. With her determination and HDF's ongoing support, Gul Bano is not just transforming her family's destiny, she's inspiring others in her community to dream beyond their challenges.

Confident in the entrepreneurial skills she has gained through HDF, she claims:

“

In the coming time, I am thinking of selling daal se and roasted gram along with popcorn to increase my income.”



Gul Bano and Her Children Celebrate the New Popcorn Stall with Smiles



25 Years of Impact

SUSTAINABLE ENVIRONMENT & WASH

“Ensuring availability and sustainable management of water and sanitation for all”

“Ensure access to affordable, reliable, sustainable and modern energy for all”



MEMBERSHIP



05

Dams Constructed



5,074

community awareness sessions on health & hygiene and safely managed sanitation



72

Infrastructure Projects Completed – Link Roads & Street Pavements Constructed



320

Latrines Constructed



10

Flood Protecting / Retaining Walls



04

Misali Bastis Constructed



47

Solar Renewable Energy Units Installed



91%

Population has access to basic sanitation in HDF program areas



816

awareness sessions conducted on the use of safe drinking water



925,025

HDF Planted trees in various plantation campaigns



193

Kitchen Sanitation Units Constructed



08

Tube Wells Installed



24

Irrigation Schemes



488

Housing Units Constructed Under Misali Basti's Project



350

Solar Hand Lights

HDF's Lifesaving Impact in Karol War: Empowering Villagers with Clean Water

In the heart of Lahore beats the story of Karol War, a village etched with resilience against the shadows of adversity. Picture a community of over 1700 people, grappling with the harsh reality of arsenic-contaminated groundwater, surpassing the WHO's safety standards by alarming margins. Skin diseases, diarrhoea, typhoid, and hepatitis ran rampant, especially among vulnerable groups like children and women who deserved a better fate.

In January 2018, HDF initiated a groundbreaking intervention – the installation of an Ultra-Filtration (UF)/Arsenic removal plant. This initiative aimed not just to quench the villagers' thirst but to eradicate the health hazards they faced daily.

The challenge was monumental – a community financially shackled, unable to afford the basic human right of clean drinking water, exposing them to a myriad of health issues. HDF saw this as a call to action, recognizing the urgency. The water filtration plant, a generous gift from the late Shaukat Ali Chaudhary's family, became a lifeline for Karol War.

Imagine the joy in the eyes of villagers who estimate that around 100 households, once spending a minimum of PKR 1000 per month on clean water, are now saving a cumulative PKR 100,000 monthly since the plant's installation. This saved treasure isn't tucked away; it's invested in health, education, and nourishment – a testament to a positive ripple effect that echoes through the community.



Children proudly holding clean water bottles, symbolizing a healthier future



Women gracefully filling water in their pots, embodying empowerment

But hold on, the transformative impact doesn't stop there. Health statistics read like a success story – instances of skin diseases, typhoid, and diarrhea have seen a remarkable decrease since the implementation of the Water Filtration Plant (WFP). The villagers, once victims of circumstance,

have become champions of change. They're not just beneficiaries; they're active custodians, ensuring the WFP's maintenance and the sustainability of this life-altering initiative.

Shazia's son, Basharat, aptly puts it,



We may be poor, but we look after the water filtration to keep it functional and play our part in preserving our community's health.



A heartening scene of community members benefitting from the WFP in Karol War

25 YEARS OF SUCCESS

Our 25th Anniversary Commemoration

The Human Development Foundation, commemorated its 25th Anniversary at the Sustainability Investment Expo (November 19 and 20, 2023) and the Sustainable Development Conference (November 22, 2023), in collaboration with the Sustainable Development Policy Institute (SDPI).

Impactful Showcase at SIE2023:

Celebrating 25 years of sustainable initiatives, HDF showcased its transformative journey at the Sustainability Investment Expo 2023. The exhibition offered a dynamic exploration of projects touching 3.7 million lives in marginalized communities across Pakistan. From immersive sessions to striking exhibits, HDF highlighted its commitment to sustainable development through the Power of 5 model.

Notable projects, like the climate-resilient smart community in Soon Valley, drew praise, notably from Senator Sherry Rehman, who emphasized replicating HDF's model for other climate-vulnerable regions of Pakistan.

A Fireside Chat featuring Mr. Mehboob Ul Haq, HDF CEO, delved into 'Climate Smart Communities,' spotlighting projects like the Afaf Dam and underscoring the sustainable future envisioned by HDF. Closing with a call for collective responsibility, Mr. Haq urged proactive steps for sustainable living.

However, the highlight of the event was HDF winning the Sustainability Award 2023 in the 'Water Conservation' for the Afaf Dam, reinforcing their dedication to a sustainable future. Mr. Haq proudly received the award, remarking, **"This is the fifth Dam that HDF has built in Pakistan and is unique in that it is part of an eco-system design that addresses the environment and multidimensional poverty simultaneously."**



Nov 20, 2023: HDF team gather for a group photo at SIE2023

MEDIA GALLERY



Profound Collaborations at SDC2023:

HDF's 25th Anniversary commemoration at the Sustainable Development Conference kicked off with a dynamic panel discussion on 'Transforming Communities,' featuring luminaries such as Dr. Muhammad Khalid Riaz, Chairman HDF, Lt. Gen. (Retd) Anis Abbasi, Vice Chairman HDF, Dr. Adil Najam, President WWF, Dr. Tariq Banuri, Former Chairperson HEC, Ms. Fatima Hussain, Managing Director HDF North America, and Dr. Abid Qaiyum Suleri, Executive Director SDPI. The discourse delved into HDF's transformative journey, emphasizing poverty eradication and grassroots impact.

Reflecting on HDF's evolution and expatriate support, Dr. Adil Najam, a founding member, noted, **"It is not that the diaspora supports HDF but HDF supports the diaspora. HDF gives meaning to their support, that is why this partnership works."**

Addressing the team that works tirelessly for creating positive change in the society, another founding member, Dr. Tariq Banuri's words, **"We are happy to live whatever life God gives us but we want to make a difference in the lives of others,"** resonated, leaving the audience deeply moved.

The event fostered connections, uniting industry experts, HDF founders, donors, and supporters in their passion for sustainable development. In a significant moment, HDF solidified commitments by signing Memoranda of Understanding with SDPI and Code for Pakistan, paving the way for impactful collaborations toward a greener and more sustainable Pakistan.



Nov 22, 2023: HDF team gathers to commemorate 25 years of impactful service at SDC2023

MEDIA GALLERY



ANOTHER 25 YEARS TO LOOK FORWARD TO

Charting the Course Ahead

In the coming years, HDF envisions a future characterized by a deepened commitment to creating sustainable positive change. By strategically concentrating on community development, empowering the youth and fostering climate resilience, HDF is poised to navigate the challenges of the next decade with resilience and innovation. The organization's forward trajectory is marked by a holistic approach that seeks to address systemic issues, leaving an enduring imprint on marginalized communities.

A Model of Climate Resilience in Soon Valley:

HDF's Climate Smart Community in Soon Valley, anchored by the successful Afaf Dam, manages water scarcity effectively. Our olive cultivation initiative aims to transform the region into an agricultural hub, promoting economic development and addressing deforestation. Revolutionizing the lives of 1200 families, eco-friendly stoves will reduce carbon emissions, preserve forests and improve health by reducing smoke-related hazards. The upcoming Mother and Child Healthcare Center will ensure accessible high-quality healthcare. Furthermore, HDF will actively contribute to Ramsar Site restoration with the plantation of native flora and advocating against illegal hunting and poaching, all the while promoting eco-tourism. With an effort towards such green initiatives, HDF looks forward to tapping into the carbon credits market.

Empowering Youth with Transferable Skills:

HDF is striving to tackle youth bulge, unemployment and illegal migrations of our youth abroad in search of better economic opportunities with our own Human Development Institute of Future Skills (HDIFS) and a partnership with ATINS NLC. HDIFS is empowering youth through digital skills courses, offering local opportunities. Collaborating with ATINS NLC, four HDF-sponsored students have graduated from vocational trainings and are now employed. The impactful 3-year Pak-China Joint Diploma, with two years at ATINS Mandra and a fully funded third year in China, exemplifies HDF's commitment to shaping a brighter future for aspiring youth.

As HDF embraces another decade of hard work, it aspires not only to uplift individuals but also to contribute meaningfully to the larger narrative of societal progress, laying the groundwork for a more equitable and sustainable future.

MEDIA GALLERY



Ways to Give



Planned Giving

You may enjoy financial and tax benefits while also helping ensure that the work of HDF will endure for generations to come.



Endowment

Donate to fund our good work forever.



Donor Advised Fund

A donor advised fund is a charitable giving program that allows you to combine the most favorable tax benefits with the flexibility to support your favorite causes.



Adopt a Project

Ask us how.



Stock Transfer

Contact the HDF office.



Host a Virtual Fundraiser

Ask us how.



Donate \$1 a day (\$30/month)



Ask your employer to match your donation.



Honor a loved one

Donate in someone's memory or honor.

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